



Hi,

Annette & Graeme look forward to meeting and welcoming you to this special week we call Ecstasy & Intimacy. Please don't hesitate to call or email if you have any further questions prior to the event. We want to arrive as informed, relaxed and excited as possible!

## **ECSTASY & INTIMACY in BALI: COUPLES RESIDENTIAL RETREAT**

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**Arrival: 2-5 PM Saturday September 5th 2020 (Dinner served at 6.30 PM, 7.30PM Start)**

**Departure: 1 PM Saturday September 12th 2020 (Lunch served)**

### **VENUE**

#### **Heaven In Bali Villa Retreat Centre, Ubud, Bali**

Located in the village of Kerta, approximately 23kms from Central Ubud in Bali, Indonesia, overlooking the Ayung River ravine and at 824 metres above sea level. Orchid Villa is an intimate venue with a friendly and professional team, headed by owners Rick & Lita, manager Petut and staff, where your every need is catered for in a no fuss manner. The gardens are superb and the workshop space is truly magical, whilst still retaining a personal feel. It's like we're heading to our second home when we visit Heaven In Bali Villa!

Website: <http://www.heaveninbali.com/> Email: [spiritualitybali@gmail.com](mailto:spiritualitybali@gmail.com)

### **What is Included:**

#### **1. 7 Days Experienced Tantra & Relationship Training & Facilitation:**

Annette & Graeme from OzTantra have over 20 yrs combined experienced in workshop facilitation, Tantra, Breathwork, Counselling, Sacred Sexuality practices and specialize in working with long term couples, helping them create ongoing, healthy, loving and pleasurable relationships. Especially couples who don't need to fit the mould but are carving out their own relationship path, finding out what works best and has most meaning for them. Annette & Graeme create a safe, honouring space for couples to explore themselves and each other.

Couples work only with each other, or at times with the whole group. There is no requirement to reveal anything personal you do not wish to. You will not be forced to do anything you're not comfortable with, everything is a choice, there are different ways to participate and we'll find a way that works for you. Your schedule is full so you get the maximum benefits to take home with you. We include a range of activities that offer insight, growth, inspiration, relaxation and fun!

We also respect the choices you make as a couple in your relationship (provided they respect the space of the retreat). We aim to support you in creating a relationship that works for you, not one that conforms to any particular set of beliefs. We offer you understandings and give you the tools, what you do with them is up to you.

Facilitators Annette & Graeme keep retreat numbers small (max 7 couples) and are available for individual support where required, both during the retreat day and after hours. We also offer follow up support once you return home, if desired, to support you in fully integrating your retreat.

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### **Daily Schedule:**

*7am* Optional morning meditation (done in your room)

*8am* Delicious breakfast with ever changing colors and flavors

*9am* Exploration of your relationship structure, what is working, not working, your beliefs, desires, skills.

*1pm* Leisurely Lunch break

*2.30pm* Respectful exploration of tantric practices

*6.30pm* Dinner

*8pm* Optional homeplay practices in the privacy of your room

Extras: men's and women's circles, candlelit dinner night for two, group outing x1.

### **2. Airport Pick Up/Drop off:**

We can arrange to have a courtesy airport transfer for you from Denpasar Airport to the retreat venue (approx 2hrs drive) and return on your way home. Note this offer is from/to the airport only or nearby Ubud. Please arrange your flight times to arrive at the venue in plenty of time for our 6pm dinner & 7pm start, and leave after 6pm on the final day.

\*Please confirm your intention to use this service and send us your flight details...airline and arrival time\*

**Nb. Please do not book your flights until you have confirmed your retreat with us.**

**Plus always make sure you have more than 6 months validity left on your passport.**

**Lastly make sure you include flight insurance so you can rest easy about your time away.**

### **3. Accommodation at the Venue (Heaven In Bali Villa)**

Accommodation is included in the price of the workshop. The team at Heaven in Bali Villa have created a totally relaxed and heart opening atmosphere where you can unwind and rejuvenate whilst having all your needs catered to for the asking. If you love nature in all its pristine glory, enjoy beautiful surrounds, peace and quiet and want to get away from it all as you are supported to go gently deeper into your relationship then Heaven in Bali Villa is sure to satisfy your needs. With a variety of double rooms with ensuites, along with delightful communal and private spaces, gardens, swimming pools & spa you will find much to support your couples journey.

Please let us know if you have any special accommodation needs otherwise allocation of rooms is in order of receipt of final payment.

If desired you MAY be able to stay an extra night or 2 prior to or after the retreat at the villa (at your cost) if availability allows, please enquire with us as to this possibility.

Note: The Villa is not close to the shops so bring everything you might need with you. If you have special needs someone from the Villa goes into Ubud every couple of days. In the rare case of medical needs a visit to a Medical Clinic in Ubud can be arranged.

### **4. Massage:**

We supply you with a relaxing 1hr massage to share with your partner.

### **5. Half Day Trip:**

Included is a trip to one of Bali's Temples, usually Bersakih Temple, one of the oldest and most sacred in Bali or Pura Tirta Empul, the water Temple with lovely water and garden surrounds.

## **6. Food**

The cuisine is fabulous- every meal a gourmet treat (not to mention a feast to the eye), it's generous in amount & a combination of vegetarian and meat protein in style. The food is healthy and nutritious, cooked at the Villa from scratch with mainly local and organic ingredients and can cater for raw, vegan, vegetarian and carnivore and everything in between!!

*Let us know well in advance if you have any special dietary requirements to ensure your needs are catered for.*

**Breakfast** – is hearty and healthy

**Lunch** – two courses plus tea or coffee

**Dinner** – two courses plus tea or coffee

**Ample water** will be provided free of charge throughout the retreat.

### **Extras not included:**

**Beyond set meal times** attendees may order extra tea/coffees/hot chocolate/snacks off the Villa menu. *These will be at your own expense and will be billed separately.* You will receive an account from the Villa staff at the end of the workshop that can be paid via credit card.

### **Laundry:**

If you wish you may have laundry done on site for a small fee. You can of course handwash your own, just note that due to the weather occasionally getting clothes dry can be slow.

**Airport Transfers to other than the airport :** *Please note our pickup/drop off service is from Denpasar Airport to the Retreat Venue & return ONLY (or similar distance). If you desire to stay in Bali at destinations further away your transfers need to be arranged separately.*

**Nb. This retreat is an alcohol and smoke free event. You may choose a drink with dinner on the last night if you wish.**

### **WHAT TO BRING:**

1. A candle per person with a holder or saucer to catch the wax.
2. An object sacred to you as a couple or each of you as individuals.
3. Favourite photos of yourselves and/or loved ones
4. Hat, sunscreen and bathers (the retreat has two lovely pools).
5. Massage oil, (Minimum 200 ml).
6. Personal Lubricant (Minimum 200 ml) eg. coconut oil, "SYLK" x 2 (avail in supermarkets) OR "PROBE" (see website link) highly recommended, or your personal long lasting favourite.
7. Sarongs to dress in - and decorate with (minimum 2 sarongs each)
8. Something warmer to wear for the evenings as it can get cool at times. eg. jacket
9. Water bottle each (keeping hydrated is essential)
10. Clothes that are comfortable to sit and move in. They can be practical or beautiful, it's up to you!

### **AFTER THE RETREAT:**

We strongly recommend and would like you to seriously consider that you stay in the Bali area for 2-3 days after the workshop. This gives you a chance to unwind, perhaps reconnect with other members of the group, meditate, swim 'n play, process, integrate and re-enter gently. Many previous participants have asked us to include these recommendations for your benefit. You'll be glad you did!

# The fine Print

Please contact us prior to booking your flights to ensure all is going ahead.

**INVESTMENT:** \$4545 AUD per couple (incl deposit)  
**EARLY BIRD FEE:** \$4325 AUD IF PAID IN FULL BY Aug 5<sup>th</sup> 2020  
**WISE OWL FEE:** \$3995AUD IF PAID IN FULL BY July 5<sup>th</sup> 2020  
**DEPOSIT:** Bali Residential Retreat = 20% \$909 AUD (non refundable)

## **BALANCE OF PAYMENTS**

100% due 30 days prior to the retreat start.

## **PAYMENTS CAN BE MADE VIA CREDIT CARD or EFT**

**CREDIT CARD:** Either call us on 1800 TANTRA or email card details, half each in two separate emails.

## **FOR DIRECT DEPOSIT EFT PAYMENTS** Oztantra account details are:

Oztantra BSB: 063514 Acct : 1037 6080

For International transfers: SWIFT/BIC CODE: CTBAAU2S

Bank Details: Commonwealth Bank, 61 Firebrace St, Horsham, Vic, 3400

Recipient Details: Oztantra Annette Baulch, 87 Meridian Dr, Coolgardie, NSW, 2468

Please ensure you put your name on the payment and email us to confirm it, thankyou.

**PRIVACY POLICY:** Airtight! We do not give your details to anyone for any reason.

## **DISCOUNTS AND CONDITIONS**

**NO EXCEPTIONS:** Please refrain from asking as refusal may offend.

You may retake the same Residential Retreat (excluding Bali) as an assistant for only \$995 per person.

Instalment time payments are offered only for the regular (full) price of a workshop/retreat.

\*Couples Price applies to those living together with shared finances

Fees may be changed without prior notice

Travel insurance is highly recommended

Oz Tantra is not responsible for errors on the web site.

## **CANCELLATION**

If we cancel, you will receive a full refund of our fees, otherwise, no refunds are payable.

Cancellations received in advance will be transferred toward future workshops.

All credit transferred expires after twelve (12) months.

A transfer fee of \$25 per person, per change, will be charged.

Cancellations received in advance will be transferred toward future workshops at the same fee schedule as the original booking.

Accommodation deposits at some venues may be non-refundable.

All adjustments will be processed after the completion of a program.

Once a program starts (on Saturday evening in the case of Residential Retreats) all fees are non-refundable and non-transferable.