



Hi,

Annette & Graeme look forward to meeting and welcoming you to this special week we call Ecstasy & Intimacy. Please don't hesitate to call or email if you have any further questions prior to the event. We want to arrive as informed, relaxed and excited as possible!

ECSTASY & INTIMACY MISSION BEACH: COUPLES RESIDENTIAL RETREAT

Arrival: 2-5 PM Saturday April 18th 2020 (Dinner served at 6 PM, 7PM Start)

Departure: 1 PM Saturday April 25th 2020 (Lunch included)

VENUE

The Sanctuary, Mission Beach, QLD Australia

A haven of tranquillity in a setting of breathtaking beauty..... you have found Sanctuary. With secluded beaches meeting the Great Barrier Reef, unique accommodation and delicious cuisine, Sanctuary Retreat is the unspoilt paradise you have been waiting to discover. Conveniently located in Queensland, Australia, amidst lush tropical Rainforest, overlooking the Coral Sea and halfway between Cairns and Townsville. **Please Note:** The surrounds are reasonably steep so be aware that you will require a basic level of fitness to feel comfortable here.

Website: <http://sanctuaryyogaretreats.com.au/>

What is Included:

1. 7 Days Experienced Tantra & Relationship Training & Facilitation:

Annette & Graeme from OzTantra have over 20 yrs combined experienced in workshop facilitation, Tantra, Breathwork, Counselling, Sacred Sexuality practices and specialize in working with long term couples and helping them create ongoing healthy, loving and pleasurable relationships. Especially couples who don't need to fit the mould but are carving out their own relationship path, finding out what works best and has most meaning for them. Annette & Graeme create a safe, honouring space for couples to explore themselves and each other.

2. Airport Pick Up/Drop off:

We can arrange to have a courtesy airport transfer for you from Cairns Airport to the retreat venue (approx 2hrs dr) and return on your way home. Note this offer it from/to the airport only. Please arrange your flight times:

- To arrive at Cairns Airport by 1.30pm for the courtesy bus to have you arrive at the venue in plenty of time for our 6pm dinner & 7pm start
- To leave Cairns after 5pm on the final day, your transfer will have you at the airport by 3pm.

Please confirm your intention to use this service and send us your flight details...airline and arrival time

Nb. Please do not book flights until you have confirmed your retreat with us.

Plus if you're from outside Australia always make sure you have more than 6 months validity left on your passport or you may not be allowed to travel.

Lastly make sure you include flight insurance so you can rest easy about your time away.

For getting there outside of our courtesy bus time, or by car click on the Sanctuary website here <http://sanctuaryoqaretreats.com.au/faqs>

3. Accommodation at the Venue (Sanctuary Retreat, Mission Beach)

Accommodation is included in the price of the workshop. Hazel & Paul and staff at The Sanctuary have created a totally relaxed and unique atmosphere where you can totally unwind and rejuvenate. If you love nature in all its pristine glory, enjoy beautiful surrounds, peace and quiet and want to get away from it all as you are supported to go gently deeper into your relationship then Sanctuary Retreat is sure to satisfy your needs. With a variety of double rooms with ensuites, cafe/restaurant with high quality foods (set menu with many choices within it, the food is the best we have come across anywhere!), along with delightful native surrounds, swimming pool & beach 10 minutes walk away you will find much to support your couples journey.

Nb. This is a retreat centre rather than a resort, with friendly but minimum staffing.

For further questions see here <http://sanctuaryoqaretreats.com.au/faqs>

Please also let us know if you have any special accommodation needs otherwise allocation of rooms is in order of receipt of final payment.

4. Food

Please note that the cuisine is fabulous- every meal a gourmet treat (not to mention a feast to the eye), it's generous in amount & vegetarian in style, with a small amount of meat protein included for those who wish. The food is healthy, nutritious and mainly organic food wherever possible and can provide for raw, vegan, vegetarian and carnivore!!

Let us know well in advance if you have any special dietary requirements to ensure your needs are catered for.

Ample water will be provided free of charge throughout the retreat, plus tea/coffee and snacks in between meals will be provided.

5. Special Outing:

Included is an opportunity to spend time just relaxing together at a special location nearby, to be decided weather permitting.

Extras not included:

Airport Transfers to other than the airport : *Please note this pickup/drop off service is from Cairns Airport to the Retreat Venue & return ONLY. If you desire to stay afterwards at other destinations at a further distance than the airport transfer, you need to arrange this separately. We can arrange to drop you off at a nearby hotel on the way but not any further away.*

Any foods & drinks outside what is on the set menu in the unlikely event you desire it. Plus there are specialty coffees and teas available eg. Cappuccino which you pay for yourself.

Please Note: The venue is not close to shops, so bring what personal things you need sufficient for the week.

Nb. This retreat is an alcohol and smoke free event.

AFTER THE RETREAT:

We strongly recommend and would like you to seriously consider that you stay in the Cairns area for 2-3 days after the workshop, or to take a couple of extra days off when you get home. The retreat is quite intense and this gives you a chance to unwind, meditate, swim 'n play, process, integrate and re-enter gently. Many previous participants have asked us to include these recommendations for your benefit. You'll be glad you did!

PLACE THESE ITEMS ON THE ALTAR WHEN YOU ARRIVE ON SATURDAY:

1. A candle per person with a holder or saucer to catch the wax.
2. An object sacred to you as a couple or you each as individuals plus photos of loved ones

WHAT TO BRING:

3. Massage oil, (Minimum 200 ml.) and an old sheet or sarong to lie on.
4. Two bath towels.
5. Water bottle
6. Personal Lubricant "SYLK" x 2 (avail in supermarkets) OR "PROBE" (see website link) highly recommended.
7. Sarongs to dress in - and decorate with
8. Torch
9. Hat, sunscreen and bathers
10. Insect repellent
11. Dress up clothes for rituals and celebrations. e.g. for women: colourful bra's, sarongs, scarves & necklaces are great. For men: vests, sarongs, sashes, etc. Something beautiful, sexy, and fun!

The fine Print

**There are 2 levels of accommodation that will determine your ultimate cost:
*Those who book early will receive priority in their accommodation of choice.***

Rainforest Huts with Alfresco ensuite These huts are enclosed in rainforest yet open to your surroundings with screened walls and an outdoor shower for a complete nature experience.

Full Fee \$3,940 (AUD) per couple
Early Bird Fee: \$3,740 (AUD) per couple if paid by Jan 18th
Wise Owl Fee \$3,540 (AUD) per couple if paid by Feb 18th

Deposit: 20% \$788 (AUD) non refundable, to secure your place

Deluxe Cabins with Ensuite Cabins are indoor yet still enclosed in rainforest with your own private balcony and rainforest view from the shower.

Full Fee \$4,545 (AUD) per couple
Early Bird Fee: \$4,245 (AUD) per couple if paid by Jan 18th
Wise Owl Fee \$4,045 (AUD) per couple if paid by Feb 18th
Deposit: 20% \$909 (AUD) non refundable to secure your place

ECSTASY & INTIMACY at MISSION BEACH: COUPLES RESIDENTIAL RETREAT cont

Refresher Fee

For those who would like to repeat this retreat (no matter which venue you did the first one in):

Rainforest Hut with Alfresco Ensuite \$2,540

Deluxe Cabin with Ensuite \$3065

Deposit \$500 (non refundable)

BALANCE OF PAYMENTS

100% due 30 days prior

FOR DIRECT DEPOSIT PAYMENTS Oztantra account details are:

Oztantra BSB: 063514 Acct : 1037 6080,

For International transfers: SWIFT/BIC CODE: CTBAAU2S

Bank Details: Commonwealth Bank, 61 Firebrace St, Horsham, Vic, 3400

Recipient Details: Oztantra Annette Baulch, 5 Kell Mather Dr, Lennox Head, NSW, 2468

Please ensure you put your name on the payment and email us to confirm it, thankyou.

FOR CREDIT CARD PAYMENTS call us with your details.

CHEQUES PAYABLE TO: "Oztantra"

PRIVACY POLICY: Airtight ! We do not give your details to anyone for any reason.

DISCOUNTS AND CONDITIONS

NO EXCEPTIONS: Please refrain from asking as refusal may offend.

Instalment time payments are offered only for the regular (full) price of a workshop/retreat.

*Couples Price applies to those living together with shared finances

Fees may be changed without prior notice

Travel insurance is highly recommended

Oz Tantra is not responsible for errors on the web site.

CANCELLATION

If we cancel, you will receive a full refund of our fees, otherwise, no refunds are payable.

Cancellations received in advance will be transferred toward future workshops.

All credit transferred expires after twelve (12) months.

A transfer fee of \$25 per person, per change, will be charged.

Workshop fees are not exchangeable for products.

Cancellations received in advance will be transferred toward future workshops at the same fee schedule as the original booking.

Accommodation deposits at some venues may be non-refundable.

All adjustments will be processed after the completion of a program.

Once a program starts (on Friday evening in the case of Weekend Workshops, on Thursday or Saturday evening in the case of Residential Retreats) all fees are non-refundable and non-transferable.